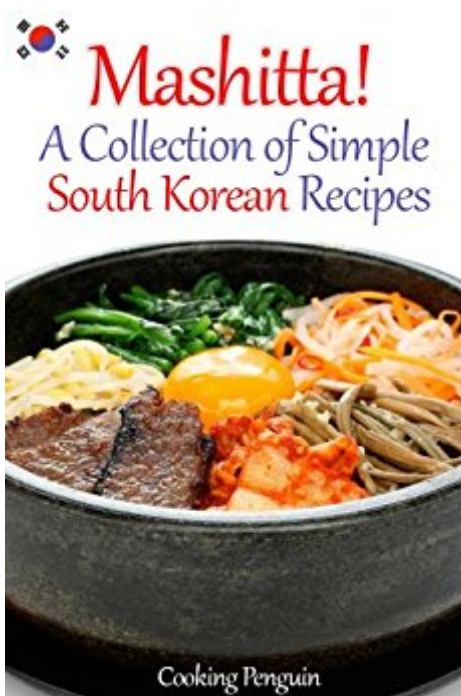


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Mashitta! A Collection Of Simple South Korean Recipes



Synopsis

Evolving from a complex mix of tradition, geography and history makes the South Korean cuisine an exciting mix of varying ingredients and spices. Notable for their spicy dishes and vast number of side dishes, South Korean cuisine is definitely a taste to experience. For anyone who doesn't know much about South Korean, it is the country that Gangnam Style comes from. Mashitta! A Collection of Simple South Korean Recipes will show you how you can create delicious South Korean recipes in your very own kitchen.

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Customer Reviews

When I got my first "real job," my office was in the Mid-Wilshire district of Los Angeles. This area is home to the city's Korea Town. I was first able to experience Korean cuisine during that time. I was excited when I came across this book. It reminds me of meals from days past and affords me the opportunity to try my own hand at creating Korean dishes. This book contains a nice selection of Korean dishes. I need to tell you that much of Korean cuisine contains copious amounts of

gochugaru (Korean chile powder) and gochurang (Korean chile paste). If you like spicy food, then Korean cuisine is right for you. But all is not lost if you do not like hot foods; I sometimes shy away from them myself. There are a few dishes that are milder: "Bulgogi" composed of thin slices of beef marinated in sweet rice wine, soy sauce, and brown sugar (and a few other things). Also, "Jap Chae" which is a savory stir-fried glass noodle dish. Included in this book is a recipe for a common lunch dish called "Bibimbop." This is a rice dish topped with beef, egg, and vegetables. With all sorts of goodies, this dish has a little bit of everything. This dish is usually topped with a fried egg. This e-cookbook has an active table of contents, but all of the dishes are listed by their Korean names without an English translation. This makes it a bit more difficult for non-Korean speakers to navigate the book. One error I noticed was in the list of ingredients for "Samgyupsal." This is a grilled meat recipe using pork belly slices. The capital letter "S" is listed before how much to use of a "cup of gochurang." I'm not sure if this refers to a "small" cup or if this is a typo. Regardless, even a small cup measurement of Korean chile paste would make for one very hot dish!

Mashitta! A Collection of Simple South Korean Recipes by Cooking Penguin Four Stars This book has recipes for the standard fare of Kimchi which "is the most popular dish of South Korea and is rightly so. This spicy, fermented vegetable side dish is present in almost every meal and encapsulates the essence of the South Korean taste. It combines almost all of the basic seasonings - red peppers, soy sauce, mustard, vinegar, ginger and wine." There are recipes for side dishes, main dishes & rice & soup dishes. There are clear measurements & preparation instructions included. It does require a lot of spices & seasonings that might not be readily available without access to an Asian grocery store. I've been fortunate to discover several places online that do sell them. The recipes pictured in the book that I'm eager to try are: Korean Fried Chicken, Doo Boo Joo-rim (braised tofu), Sigumchi namul (a side dish made with spinach flavored with soy sauce), & Hobak jeon or zucchini pancake. It's a well designed & helpful cookbook. I gave it four stars. I received a free kindle edition from & it was a pleasant surprise. www.168Publishing.com

This book has easy to follow recipes with nice photos for almost all recipes. There are a nice variety of recipes and if you have access to an Asian market you should be able to make the dishes easily. For some things you might be able to substitute or find bottled or canned in a large grocery store's oriental section. There are beef and chicken dishes as well as eel and squid.

Since returning from South Korea a few years ago, I often find myself missing the cuisine. Made

fresh, made quickly, nutritious, delicious, and inexpensive - I could get the same things in a Korean restaurant in the USA, but I've noticed that they are quite expensive by comparison. Next best thing is to do it myself - with this book, I can now do that. The only problem is deciding what recipe to try first.

A nice selection of types of foods for all meals and occasions using authentic ingredients. The only ingredient I am unable to find is korean radish, but daikon works just as well.

This is an easy, delicious cookbook of Korean recipes that can be used even by beginners. The only problem could be getting some of the ingredients. Worth trying.

Some of these recipes sound very tasty. The ingredients are different but very accessible. There's at least 3 I can't wait to try.

This is a very thorough collection of Korean recipes. I found the explanations and definitions of the ingredients to be especially helpful.

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